

HOW TO JOIN

Membership dues and gifts are dedicated to the advancement of prenatal and perinatal psychology and health and sustain the circulation of information to healthcare students, providers, and the public.

Four publications are included with membership:

- Journal of Prenatal and Perinatal Psychology and Health (quarterly)
- APPPAH Newsletter: News from the First Frontier (quarterly)
- Resource Directory of Practitioners and Programs
- One Hundred Books (and Videos Too)

Membership is annual dating from when it is received. Fees, payable in US dollars, are \$95 in North and South America and \$60 for students. Membership is \$120 in all other parts of the world (no student rate is offered). Purchase a three-year membership and save \$25 (not applicable to student rate).

For Visa or Mastercard, go to our website www.birthpsychology.com

For check or money orders, please send to:

A P P P A H
P.O. Box 1398
Forestville, CA 95436
Tel/Fax: 707.887.2838

Volunteers... needed and welcome.



“What goes on in the womb before you are born is just as important to who you are as your genes.”

Matthew W. Gillman, M.D., S.M.
Harvard Medical School

“Babies remind us that our fundamental nature is transcendent—we come in conscious with a sense of self.”

Wendy Anne McCarty Ph.D.
Santa Barbara Graduate Institute

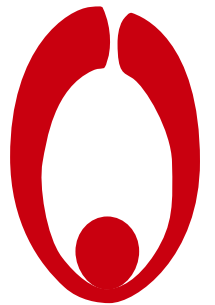


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Association for
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HISTORY AND MISSION

The Association for Prenatal and Perinatal Psychology and Health is an educational, non-profit organization dedicated to in-depth exploration of the psychological, emotional, and social development of babies and parents from preparation for pregnancy through the postpartum period.

APPPAH was founded in 1983 by Canadian psychiatrist and author Thomas R. Verny, as a forum for individuals from diverse backgrounds and disciplines. These include childbirth educators, birth assistants, doulas, midwives, obstetricians, nurses, social workers, neonatologists, pediatricians, psychologists, researchers, and teachers at all levels. Interested lay persons are equally welcome.

We find that prenatal and perinatal experiences have a profound influence on health and human behavior. We believe that life is a continuum which starts before conception, not at birth. During this formative period, mother and child are fundamentally interconnected. We understand that babies are sentient beings who are best nurtured when their mothers are provided with a supportive and healthy prenatal environment in which her choices are respected.

A loving prenatal and perinatal experience inspires bonding and sensitivity to others which have long-term consequences for individual relationships and for society. Womb ecology eventually becomes world ecology as the seeds of harmony or violence are sown by parents, educators, and caregivers.

Among the specific objectives listed in our Charter are these:

- To further the understanding and research of psychological factors that affect

conception, pregnancy, labor, delivery, and the postpartum period

- To investigate the reciprocal mechanisms of interaction between the pregnant mother, father, and unborn or newborn child
- To institute measures that will enhance the safety and personal satisfaction derived from pregnancy, labor and delivery of mother, father, baby, and caregivers
- To study the psychological effect of medical interventions and technology on all parties involved in pregnancy
- To examine the influence of the family, society, and the environment on the pregnant mother and her unborn child
- To explore how

to both prevent prenatal and perinatal trauma, and to resolve therapeutically the psychological harm experienced by people of all ages

- To elucidate the numerous ethical and legal dilemmas that are emerging in society
- To collect and circulate information regarding all aspects of prenatal and perinatal psychology and health through publications and conferences

Conferences, Tapes and Speakers

Since its inception APPPAH has held international and regional conferences. Recordings from all previous conferences are available.



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